"Lowering the Volume – Part 2" Parent Workshop

Huntington – All parents in the Gateway Regional School District are invited to the “Lowering the Volume – Part 2” workshop on Tuesday, January 26. Led by Michael Saporito from Berkshire Training, Evaluation Consulting and Coaching, the event will take place from 6:30 to 8 p.m. in the Gateway Distance Learning Center (across from the high school office).

This workshop will cover discipline, de-escalation and behavior management at home and is suitable for parents of children of all ages, all abilities. Participants will learn to understand and respond to their children’s anxiety and emotional dysregulation, and how to prevent and respond to emotional upsets and melt downs.

Childcare will be provided but registration is required. To register, please contact Karen Malinowski (685-1017 or kmalinowski@grsd.org).

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